Rules of Transition: From The Letter to the Philippians

In his book, Transitions: Making Sense of Life’s Changes, William Bridges shares important insights that are helpful in times of change. Admittedly, his work is mostly secular in nature, but I have since discovered that Paul expressed many of the same “Rules of Transition” in his elegant letter to the Philippians. Crafting it in a prison cell, many believe this to be one of his last communiques to the young and growing church in Philippi. It has since been a continued source of wisdom for the church. The following are some of the ‘rules to live by’ discoverable in the letter, especially valuable in times like this.

1) Pray. This is not one of Bridges’ rules, but for Christians, this is foundational.

Paul writes: Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. (4: 6)

2) Be Gentle to one another and to yourself.

Paul writes: Let your gentleness be known to everyone. The Lord is near. (4:5)

This comes as a word of encouragement and an admonition. Walk ‘care-fully’ during times of transition. Everybody is in a heightened state of emotion and stress. Be gentle with others and be gentle with self. God is in the midst of this transition (and if God be with you, who can be against you. Romans 8: 31)

3) Stay the Course. The human tendency in times of transition is to 1) want to go back to the good ol’ days, 2) quit the course, or 3) force a new beginning by speeding up the process. Going back is not an option and, to be honest, neither is quitting. Forcing a new beginning prematurely often happens, but generally falls apart soon after and the process begins all over.

All transitions have a beginning, middle, and an ending. Important work occurs in each phase. Don’t force it, stay the course.

Paul writes: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the heavenly call of God in Christ Jesus. (3: 13 - 14)

4) Acknowledge a Greater Purpose. Those with a keen sense of purpose and direction generally rise above the anxieties and tensions of transitional states.

Paul writes, ... I press on toward the goal for the prize ... (3: 13), and I want to know Christ and the power of his resurrection ... (3: 10)

More Rules of Transition later, but let’s be gentle with one another, stay the course, and acknowledge the Greater Purpose being played out in our lives.

Grace to you,
Pastor Miller

EASTWOOD STAFF

Randolph T. Miller
Pastor

Sharon Dady
Choir Director

Linda Tripp
Accompanist

Sue Becker
Church Secretary

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Custodian

Kaitlyn Brunson
Nursery Attendant
American Baptist Home Mission Societies Pledges to Rebuild, Restore, Renew Puerto Rico

VALLEY FORGE, PA (ABNS 9/22/17)—In response to the devastating one-two punch leveled at Puerto Rico first by Hurricane Irma and most recently by Hurricane Maria, American Baptist Home Mission Societies (ABHMS), in partnership with American Baptist Churches USA (ABCUSA), will launch a multi-year initiative, “Rebuilding, Restoring, Renewing Puerto Rico,” Executive Director Dr. Jeffrey Haggray announced today.

“Rebuilding, Restoring, Renewing Puerto Rico” seeks to raise $1 million within the next three to six months through One Great Hour of Sharing (OGHS) to support rebuilding the homes, churches and lives of our brothers and sister in Christ. ABHMS has pledged $25,000 to launch this major renewal effort, matching OGHS funds already earmarked for Puerto Rico recovery.

“Within the next three to five years,” Haggray said, “we will work with our American Baptist partners to restore all 114 churches and nine missions in the Iglesias Bautistas de Puerto Rico as well as Corporacion Milagros del Amor and Seminario Evangélico de Puerto Rico.”

Adds ABCUSA General Secretary the Rev. Dr. Lee B. Spitzer: “I wholeheartedly endorse this denomination-wide effort to come alongside one of our regions. I hope every American Baptist will give generously to rebuild the Iglesias Bautistas de Puerto Rico. In the midst of all the calamities that have hit Texas, Louisiana, Florida, Puerto Rico, the Caribbean and Mexico City, God demonstrates his loving presence through the prayers and deeds of God’s people. We stand in solidarity with those struggling to rebuild their lives.”

News reports cited “catastrophic flooding” on the island yesterday, a day after Hurricane Maria made landfall there as a Category 4 storm with winds up to 155 mph. The storm, which left the entire island without electricity, has been described as the “worst storm to hit the island in a century.” Its fury left behind a trail of destruction across Puerto Rico.

In this first phase of the long-term ABHMS initiative, a task force of staff and American Baptist partners is being convened by Victoria Goff, associate director, Mission Advancement and Passionary Movement, to develop a comprehensive plan for sustained support of the region. The Rev. Salvador Orellana, director of Latino Ministries, will provide logistical and relational support to the initiative.

“We are dedicating staff to work on this,” said Haggray. “We are coordinating a national response, and we will work closely with our partners in Puerto Rico in this ministry of intervention.”

The relationship between the Puerto Rico region and ABHMS has longstanding and deep roots: The American Baptist Home Mission Society, a forerunner of today’s ABHMS, established the first Baptist church in Rio Piedras in 1899 and sponsored home missionaries from the mainland who ministered across the island.

While an initial ABHMS disaster response visit is planned for next week, full damage assessments will not be complete for several weeks.

In the meantime, please pray for healing for the people of Puerto Rico, and sign up for updates as they develop about recovery plans, ways you can help and volunteer mission opportunities. Litanies, written by ABHMS staff, are available free of charge.

Please give generously to the Rebuilding, Restoring, Renewing Puerto Rico multi-year initiative. Your contribution, no matter the size, will make a big difference for our Puerto Rican American Baptist family. Last year, the U.S. Census Bureau reported that close to half of the population in Puerto Rico was living in poverty.

Donations may be made via your church; Write OGHS Puerto Rico on the Memo line.

One hundred percent of donations go to relief efforts; no dollars are retained for administrative costs.
Eastwood Knitters and Crocheters
We will again be collecting hats and scarves to be donated to the Maslow Project at Christmas time. If you need yarn, please check the closet by the give-away books. Please bring them to the “yarn closet” or the office when you are finished.

Any questions, call Joan Avery, 541 702-2114 or Barbara Davis, 541 414-4889.

Fall College and Military Care Packages
The time is quickly approaching to send out our next college and military care packages! These packages will be packed and sent out on Monday, October 23rd. Please let us know the names and addresses of recipients right away. You will find sign-up forms on the counter at the Welcome Center in the foyer, or you may call/email Karen Clinkinbeard with name and address information. 541-779-6770 kkclink1@msn.com.

Items needed to fill these care packages are: Halloween candy, snacks of all kinds, coffee, microwave popcorn, hand sanitizer, hotel/trial size lotions and school supplies. Some cards from church members would be fun to include as well. We can address them for you. We would also be pleased to accept any monetary donations to help cover postage as it is the biggest expense. Homemade goodies can be brought on Sunday, October 22nd. As indicated by the received “thank you notes” homemade goodies are most appreciated. Any of these items can be left with Sue in the church office. Thanks so much for your support of this important ministry.

College/Military Care Package Team

World Mission Offering
For the World Mission Offering this year, the focus is on three areas of holistic action: Peace and Justice, Abolishing Global Slavery and Economic and Community Development. These priorities do not encompass all the ministries of International Ministries but they do illustrate what God is doing worldwide through our 120+ global servants, 1,300+ volunteers, 44 home staff and 240+ global Christian partners. Your gifts to the World Mission Offering powerfully connect you to all the challenging, life-changing work of the Lord through International Ministries.

REQUESTS FOR PRAYER
Our Church: its leaders and families
All of those with health needs.
All service people here and overseas, including:

Kevin Hoffman, Army
Lolo Vasquez, Iraq
Aaron Chisem, US Navy
Jason Cesario, Iraq
Logan Oravetz, Army
Tyler Powell, Marines
Tiffany Hart, Air Force
Trevor Swanson, Air Force
Samuel Strom, Army

Please pray for all students, teachers and parents (of all ages of children)
Unemployed / Underemployed
Our ABC-CPC churches, pastors and missionaries (Dan & Sarah Chetti, Ed & Miriam Noyes, Glen & Rita Chapman, and Kyle & Katrina Williams) serving around the world.

Jonna Reeder
Tim & Mary Dady serving in Latvia

Something Old - Something New
Something old, something new might be an appropriate theme for the latest collection of resources available on the Book Give Away rack, located near the office doors. It includes both religious and secular titles, a flow of old favorites and current topics. If some of the copies could speak, they would probably have human interest stories which reflect personal spiritual experiences and sentimental ties. They represent a constant stream of writings just waiting to again be a part of someone’s life. What started out as an attempt to keep such treasures out of the landfill has grown to be a sharing of “pass it on” potential memories. It includes a collection of the writings of the spiritual giants of past generations available on request. May the Holy Spirit prompt some seekers to request them. For comments or questions, contact Tom Lloyd, or leave a note in the office. Testimonials welcomed.
Arm yourself against both H1N1 and Seasonal Flu with one shot.

Flu Shots will be available:

Dates: Sunday, October 15th
Times: 10:00 am to 10:20 am (before Church) & 11:30 am to 12:00 pm (after Church)
Cost: $23.00

No charge for: Regence of Oregon, Lifewise, Providence, MODA/ODS, PacificSource or Medicare*

*We can bill Medicare if it is your primary or only insurance. If you have a supplemental insurance plan Medicare will not cover the cost of the flu vaccine - they require the supplemental plan to pay. If your supplemental is with one of the providers listed above we will bill them. We are unable to bill Health Net or other companies not listed.

We will need to make a copy of your insurance cards.

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Mercy Flights Membership Time

It is time to join or renew your Mercy Flights Group Membership. This year’s membership expires on October 31st. Our group rate is $64.00 per household for Combined Air & Ground Membership. Enrollment forms are at the Welcome Center. You do not have to fill out an enrollment form if you are not making any changes and are a returning member.

Please have your check (made out to Mercy Flights) and enrollment form turned into the church office by October 23rd. Please bring the check to the Church Office and not in the offering plate.

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Beginning Fiddle Lessons

Adults & Kids 10 years or Older

Wednesdays, 4 - 5 pm beginning Oct. 4th

Methodist Church Fellowship Hall

607 West Main Street, Medford

6 months @$20/month - $120 payment due at registration. October thru April (no lessons in December) Enrolled students will be eligible for reimbursement scholarships of one-half of fee at end of instruction.

Contact Judy McGarvey - 541-779-8145

Sponsored by Oregon Oldtime Fiddlers District 4

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Philippians 3: 13 NAS

BEAT the Flu BUG Get your SHOT!

In Memory of

Marjorie Peterson

At Home in the body: May 18, 1920
At home with the Lord: October 3, 2017

A Memorial Service will be held on Friday, October 27th at 2:00 p.m. Location to be announced

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Holiday Singers Program

Southern Oregon Sound Chorus Invites you to join us!

Ladies! Learn to sing 4-part a cappella music with a FUN chorus and DYNAMIC Director!

Six weeks of FREE vocal instruction

Tuesday evenings at 6:00

Eastwood Baptist Church

You will learn at least 2 songs and are invited to sing with us at our holiday performances in December!

Questions? Call Frankie at 541-727-1397

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October 8, 2017

SUNDAY, October 8th
Prayer in Chapel 8:00
Sunday School 9:15
Worship Service, Pastor Miller, speaking 10:30

MONDAY, October 9th
Women’s Grove Bible Study 10:00 AM - Room 14
Boy Scouts 7:00

TUESDAY, October 10th
Men’s Bible Study Noon

WEDNESDAY, October 11th
Staff Meeting 11:00
Mid-Week Bible Study 6:00
Choir Practice 7:15

THURSDAY, October 12th
Deacons’ Agape Meeting 5:30
Worship Committee Meeting 6:30

FRIDAY, October 13th
Church Work Party 9:00
Uke Practice 10:00

SATURDAY, October 14th

October 15, 2017

SUNDAY, October 15th
Prayer in Chapel 8:00
Sunday School 9:15
Worship Service, Pastor Miller, preaching 10:30

MONDAY, October 16th
Women’s Grove Bible Study 10:00
Boy Scouts 7:00

TUESDAY, October 17th
Men’s Bible Study Noon

WEDNESDAY, October 18th
Staff Meeting 11:00
Fellowship Dinner 5:15
Mid-Week Bible Study 6:00
Choir Practice 7:15

THURSDAY, October 19th
Fellowship Support at New Far East 1:00

FRIDAY, October 20th
Builders’ Social 9:00

SATURDAY, October 21st
Women’s Fellowship Brunch at Punky’s 9:30
Uke Practice 10:00