



The Eastwood Beacon

Eastwood nurtures positive development in people's lives through the love and teachings of Jesus Christ.

August 22, 2018

Navigating Difficult Conversations

One of the many aspects of the Global Leadership Summit that I enjoy is that the presenters make me think and question the whys and hows of what I do as both a leader and a human being. At this year's Summit, which was the third one I have attended, author and Harvard Law School professor, Sheila Heen, gave a presentation on the dynamics of having difficult conversations. The following are notes from that presentation.

We feel like conversations are not supposed to be difficult. But every one of us has difficult conversations in our lives. The presence of difficult conversations indicates: 1) You care about what you do, 2) You care about the people you are doing it with. We need to look beyond what people are actually saying to one another. We need to become aware of our internal voice. In difficult conversations, our internal voices are turned up to full volume.

Every difficult conversation has the same underlying structure:

1) The What Happened Conversation

- Who's right?
- Whose fault is it?
- What was the other person's motive?
- The more frustrated we are, the more likely we are to tell a particularly negative story and assume the worst.

2) The Feelings Conversation

- Difficult conversations unearth complicated and conflicting feelings.
- As human beings, we may try to leave our feelings out of a conversation but we can't. Feelings can and will leak out.

3) The Identity Conversation

- Identity is the story we tell about who we are.
 - Am I competent?
 - Am I a good person?
 - Am I worthy of love?

In most difficult conversations, each person feels like it's their job to set the other person straight. The real issue is that someone needs to change and people don't respond well to being lectured at, blamed or fixed.

Both people have an internal voice that is focused on what they are right about. So, what do we do?

1. Instead of asking who's right ask, "What is it that we both think this conversation is about?"

- Get curious about why we see this so differently.

2. Instead of asking whose fault it is ask, "What have we each contributed to this problem?"

- Blame looks for who is most at fault. It assumes someone is wrong.
- Joint contribution assumes everyone has some role to play - even if it is 90/10.
- Joint contribution is the fuel for learning.

3. Separate intentions from impact.

- Other people's intentions are invisible to us.
- Even if we have positive intentions, we can have bad impact.

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EASTWOOD STAFF

Rev. Linda Bergeon

Interim Pastor

Grant Rubln

Youth Director

Sharon Dady

Choir Director

Linda Tripp

Accompanist & Worship Coordinator

Sue Becker

Church Secretary

Sam J. Angulo

Custodian

Kaltlyn Brunson

Nursery Attendant

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4. Stop holding on to an either/or identity.

- Good person or bad person; Saint or sinner.
- We need to see ourselves as God sees us: fallible but also worthy of love.

As human beings, we need each other. Sometimes we misunderstand each other and let each other down. But we also need each other to learn from those mistakes.

As I continued to think about this presentation Paul's words in Ephesians 4.31-32 came to mind:

"Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you."

Seems to me that learning how to have difficult conversations is one of the ways to put into practice what Paul is teaching.

Pastor Linda

VBS 2018 Report

"Amped, Live Fully Alive!"

We had 15 children, grades 1-5, who heard the Good News that God has a plan for their lives, just as He did for Joseph and Paul. Meeting from 9-1 on Friday, Saturday, and Sunday, we built friendships as we danced around to music, played games, made crafts (tie dye shirts) and ate lunch together.

The real fruit of VBS are the children who heard the gospel for the first time, the ones who had questions about spiritual things, and the ones who desire to make a commitment to follow Jesus. I praise God for tender ears, who have a spirit within them that seeks Jesus.

Thanks to three middle school girls, Ava, Madison, and Kayla, who were our junior leaders, and to Hannah Martin, who led music, games, and even small group activities. Jerry and Sue Lektorich, Katie Ceglia, Margaret Moser, Ellen Husel, Sue Becker, Sandy Tepper, and Pastor Linda all helped keep the activities moving along. It was a joy to work with all of you.

Directors,

Grant Rubin and Jan Blankenship



Thanks & Praise (8/19)

Praise! Josiah's surgery went well. (Julie Kinsman)

Praise! My youngest son, David, was married this week in Hawaii! (Ellen Husel)

Thanks Again!

Thanks to the following for their work on the church properties:

Hugh Barnhill
Jerry Darby
Paul Klatt
Sandy & Sue Shaw

We will have another "work party" on Saturday, September 8th from 9:00 a.m. until 12:00 Noon. Please come and join us!

Don Eastman
Buildings & Properties

Thank you, Generous Givers, for your participation in the yearly Diaper Drive for Maslow Project. Walking into Maslow with the donations, I was met with "Oh, we just ran out! This is Great! Thank you!" God's timing is so perfect!

Some of you donated school supplies which were also greatly appreciated.

Thanks again,
Bobbie Jaquette, Community Ministries

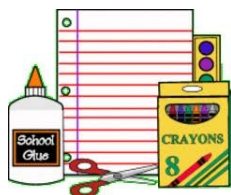
School Supplies Project

Now is the time of incredible savings on school supplies; Crayons, Markers, Glue bottles, Glue Sticks, Paper, Notebooks, Folders, Pencils, Scissors, Erasers, Pens.

Also needed... Backpacks, socks, and children's underwear. Purchase and bring items to the table in the foyer. All items will be distributed to the teachers in our church family...

Linda Tripp - Kindergarten
Kari Donham - 2nd grade
Wendy Cawthorne - High School & Jr. High Music
Marilyn Powell - Jr. high school
Jim Powell - High school
Joanie VanDyke - High school

We will also make a contribution to Maslow Project, the distribution center for school supplies in the Medford School District. This project will run through the month of August.



REQUESTS FOR PRAYER

Our Church: its leaders and families

All of those with health needs.

All service people here and overseas, including:

Kevin Hoffman, Army
Lolo Vasquez, Iraq
Aaron Chisem, US Navy
Jason Cesario, Iraq
Logan Oravetz, Army
Tyler Powell, Marines
Tiffany Hart, Air Force
Trevor Swanson, Air Force
Samuel Strom, Army
Eric Lektorich, Army National Guard

Please pray for all students, teachers and parents (of all ages of children)

Unemployed / Underemployed

Our ABC-CPC churches, pastors and missionaries (**Dan & Sarah Chetti, Ed & Miriam Noyes, Glen & Rita Chapman, and Kyle & Katrina Williams**) serving around the world.

Tim & Mary Dady serving in Latvia

New Addresses

Kari Donham
2103 Hillcrest Road
Medford, OR 97504-6903

Travis & Makayla Goins
2659 Howard Avenue
Medford, OR 97501-1214

Grant & Alicia Rubin
1001 Juanita Way
Central Point, OR 97502-2884

August Anniversary

Rick & Linda Millus - August 20th

Rick and Linda were missed on our Anniversary listing in the July 25th Beacon.

Choir Practice Resumes August 29th

The Eastwood Sanctuary Choir will begin their fall practice schedule on Wednesday, August 29th at 7:15 p.m. If you are interested in singing in the Choir, please contact our Choir Director, Sharon Dady.

September 2018

Sun

Mon

Tue

Wed

Thu

Fri

Sat

August 26	August 27	August 28	August 29	August 30	August 31	1
<p>9:15 Sunday School 10:30 Worship Service Rev. Linda Bergeon, Preaching</p>	<p>10:00 Women's Grove Bible Study 7:00 Boys Scouts</p>	<p>Noon - Men's Bible Study</p>	<p>7:15 Choir Practice</p>			
<p>2</p> <p>9:15 Sunday School 10:30 Communion Worship Service Rev. Dustin Jernigan preaching</p>	<p>3</p> <p>Labor Day</p> <p>10:00 Women's Grove Bible Study 7:00 Boys Scouts</p>	<p>4</p> <p>Noon - Men's Bible Study</p>	<p>5</p> <p>7:15 Choir Practice</p>	<p>6</p> <p>1:00 Fellowship Support at New Far East</p>	<p>7</p>	<p>8</p> <p>9:00 Church Work Party</p>
<p>9</p> <p>Promotion Sunday</p> <p>9:15 Sunday School 10:30 Worship Service Rev. Linda Bergeon, Preaching</p>	<p>10</p> <p>10:00 Women's Grove Bible Study 7:00 Boys Scouts</p>	<p>11</p> <p>Noon - Men's Bible Study</p>	<p>12</p> <p>5:15 Fellowship Dinner 6:00 Mid-Week Bible Study - Sermon on the Mount 7:15 Choir Practice</p>	<p>13</p> <p>3:30 Knitting & Crocheting Group 5:30 Deacons' Agape Meeting 6:30 Worship Committee Meeting</p>	<p>14</p>	<p>15</p> <p>9:30 Women's Fellowship Breakfast at Punky's</p>
<p>16</p> <p>Youth Sunday</p> <p>9:15 Sunday School 10:30 Worship Service Rev. Linda Bergeon, speaking</p>	<p>17</p> <p>10:00 Women's Grove Bible Study 7:00 Boys Scouts</p>	<p>18</p> <p>Noon - Men's Bible Study</p>	<p>19</p> <p>5:45 Mission Nite with Jonna Reeder 7:15 Choir Practice</p>	<p>20</p>	<p>21</p> <p>9:00 Builders' Social</p>	<p>22</p>
<p>23</p> <p>9:15 Sunday School 10:30 Worship Service Rev. Linda Bergeon, Preaching</p>	<p>24</p> <p>10:00 Women's Grove Bible Study 7:00 Boys Scouts</p>	<p>25</p> <p>Noon - Men's Bible Study</p>	<p>26</p> <p>5:15 Fellowship Dinner 6:00 Mid-Week Bible Study - Sermon on the Mount 7:15 Choir Practice</p>	<p>27</p> <p>3:30 Knitting & Crocheting Group 5:30 Deacons' Business Meeting</p>	<p>28</p>	<p>29</p>
<p>30</p> <p>9:15 Sunday School 10:30 Worship Service Rev. Linda Bergeon, Preaching</p>	<p>October 1</p> <p>10:00 Women's Grove Bible Study 7:00 Boys Scouts</p>	<p>October 2</p> <p>Noon - Men's Bible Study 6:00 Soup 'N Soul</p>	<p>October 3</p> <p>7:15 Choir Practice</p>	<p>October 4</p> <p>1:00 Fellowship Support at New Far East</p>	<p>October 5</p>	<p>October 6</p>

BIRTHDAYS AND ANNIVERSARIES

SEPTEMBER BIRTHDAYS

2-Sep	Don Higgins
3-Sep	Kayliana Foster
3-Sep	Staley Ross
5-Sep	Jenna Sandstrom
7-Sep	Dorothy Clark
11-Sep	Skip Senften
15-Sep	Clayton Barber
15-Sep	Richard Bath
16-Sep	Lynnette Yoshida
19-Sep	Keith Cawthorne
21-Sep	Sarah Mitchell
22-Sep	Steve Boyersmith
22-Sep	Leslie Miller
25-Sep	John Becker
26-Sep	Stan Ross
27-Sep	Carl Harsch
28-Sep	Silva Varbedian
29-Sep	Alleyne Fields
29-Sep	James Roby

A colorful graphic for a birthday. The word "HAPPY" is written in large, multi-colored letters (yellow, red, green, purple, blue) with two yellow stars on either side. Below it, the word "BIRTHDAY!" is written in similar multi-colored letters.

SEPTEMBER ANNIVERSARIES

10-Sep	Chris & Eloise Tarrant
12-Sep	Nick & Katy Ceglia
13-Sep	Raul & Jody Ramirez
29-Sep	Bill & Dorothy Curtis
29-Sep	Jerry & Suzan Darby

Please contact Sue in the Church Office or note it on your communication card if your special day has been missed or reported incorrectly.

Smiles from the Heart

Free Dental Care

Saturday August 25th 9 am - 3 pm
4411 Brownridge Terrace Medford, OR

Your choice of a filling, an extraction or cleaning will be performed for those 18 years or older who can't get dental care elsewhere.

First 200 patients are guaranteed to be seen!
www.premiercaredentalcenters.com

September Mission Giving Opportunity

Child Evangelism Fellowship® of Oregon, Inc., Jackson County Chapter serves the Southern Oregon cities of Ashland, Talent, Phoenix, Medford, Jacksonville, Central Point, White City, Gold Hill, Sams Valley, Eagle Point, Shady Cove, Trail, and Butte Falls. We partner with churches in training and equipping volunteers to minister in the community through programs such as Good News Club® within the public schools and 5-Day Club® outreaches in the summer.

We also support and equip teens (ages 13-18) to do local ministry within the community through our summer training program:

Christian Youth In Action®(CYIA®).

Soup 'N Soul

Tuesday, October 2, 6:00 PM

Soup 'N Soul group will begin gathering again on Tuesday, October 2, 6:00 PM at Ellen Husel's Home with a study of the book of James. Men and Women are invited. Soup and bread will be served. Please contact Ellen Husel for more information.

**Sign up on your Communication Card or
Call the church office so that we will have enough
Materials for everyone.**

Call to Prayer

The Southern Poverty Law Center has exposed 954 active hate groups operating in the United States. All hate groups have beliefs or practices that attack or malign an entire class of people, typically for their unchangeable characteristics. Pray for an end to all hatred. Pray for the strength to stand against hatred in all its forms. Pray for those who hate, that they will come to know the transforming love of God.

**Women of Eastwood Fellowship Breakfast
Saturday, September 15th - 9:30 a.m.**

Come join us for fellowship and breakfast at Punky's Diner in Medford. See you there!



Questions? Need a ride?
Call Sue Lektorich (541) 499-1059



Church Work Day
Inviting **ALL** who want to help
"spruce up" our church.

The next scheduled Work Day is **Saturday, Sept 8th**. Meet at the church at 9:00 am and we should be finished by 12:00. Please bring rakes, clippers and **DON'T FORGET** the gloves! **See you there.**

Questions...call Don Eastman at (541) 773-7237

September Cookie & Host/Hostess Sign-ups!

It's time to sign up to bring cookies for our Fellowship hour. The cookie calendar is located on the kiosk closest to the Church Office. We would also love to see some new faces behind the cookie and punch tables. Please call Suzan Darby if you would like to host.



Eastwood Beacon

The next issue of *The Beacon* will be **September 5, 2018**. If you have anything you would like put in the *Beacon*, an up-coming event, a function, etc. please **have all copy in the church office by 12:00 noon on Tuesday, September 4, 2018**.

Email sbecker@ebcmedford.org
This Beacon will not be mailed.

Current Sermon Series
A series of sermons on The Lord's Prayer.

Aug. 26	Mt. 6:12	It's a Forgiveness Thing
Sept. 2	Lk. 8:40-56	Guest Speaker, Rev. Dustin Jernigan
Sept. 9	Mt. 6.13	It's a Help Thing
Sept. 16	Mt. 6.13b	It's a Praise Thing
Sept. 23	Mt. 6.14-15	Reprisal: It's a Forgiveness Thing
Sept. 30		Faith Walks

**WEDNESDAY EVENING BIBLE STUDY
And Fellowship Dinner**

We will be taking the month of August off and will resume on Sept. 12 when we will begin a study on the Sermon on the Mount.

Fellowship Dinner	5:15
Bible Study	6:15

August 26, 2018

SUNDAY, August 26th

Sunday School	9:15
Worship Service, Rev. Linda Bergeon preaching	10:30

MONDAY, August 27th

Women's Grove Bible Study	10:00
Boy Scouts	7:00

TUESDAY, August 28th

Men's Bible Study & Brown Bag Luncheon	Noon
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WEDNESDAY, August 29th

THURSDAY, August 30th

FRIDAY, August 31st - Office Closed

SATURDAY, September 1st

September 2, 2018

SUNDAY, September 2nd

Sunday School	9:15
Communion Worship Service Rev. Dustin Jernigan preaching	10:30

MONDAY, September 3rd - Labor Day

Boy Scouts	7:00
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TUESDAY, September 4th

Men's Bible Study & Brown Bag Luncheon	Noon
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WEDNESDAY, September 5th

THURSDAY, September 6th

Fellowship Support at New Far East	1:00
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FRIDAY, September 7th - Office Closed

SATURDAY, September 8th

Church Work Party	9:00
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