



The Eastwood Beacon

*Eastwood nurtures positive development in people's lives
through the love and teachings of Jesus Christ.*

October 16, 2019

"The man who is wise, therefore, will see his life as more like a reservoir than a canal. The canal simultaneously pours out what it receives; the reservoir retains the water till it is filled, then discharges the overflow without loss to itself ... Today there are many in the Church who act like canals, the reservoirs are far too rare ... You too must learn to await this fullness before pouring out your gifts, do not try to be more generous than God." — Bernard of Clairvaux, On the Song of Songs

I came across this quote recently while preparing to a meditation on prayer and it got me thinking about the importance of renewal and rest. I often rest because I'm wind-ed, or physically worn out, but frankly I probably don't rest enough when I'm emotion-ally, socially, spiritually, creatively, or mentally tired. In my genuine desire to serve God, occasionally I minister to the point of feeling completely drained emotionally and spiritually.

I imagine this happens to you too. I think most of us wear out and feel drained, simply because most of us live like canals, and not reservoirs. We run and work and worry until our bodies make us take a break through illness or breakdown. We operate with the hope that if we can just make it to the next vacation, we'll take a rest and be recharged for the next year!

The problem is that one or two weeks are not enough time to fill a reservoir. That two week vacation is like a big rain storm that comes and dumps a couple inches of wa-ter. Oh, sure, the water level rises, but as we all know, flood stage doesn't last all that long. All too soon, our emotional, spiritual and physical energy is back to a level where we question if we can make it to the next holiday.

In the creation account in Genesis 1, God worked for six days and then took a Sab-bath (for you academics this is the root of your Sabbatical). Later in Exodus 20:8, God tells the Hebrews to honor the Sabbath and keep it holy. If God felt the need for a rest, and communicated to us the need to rest, perhaps we ought to reconsider re-serving a day each week for renewal, allowing us to refill on a more regular basis?

Resting/refilling is one part of transforming from a canal to a reservoir, but it isn't the only thing that we need to do. Reservoirs are deep; without that depth, they don't have the capacity to release a flow of water during periods of drought. To make a canal into a reservoir, we need to dredge and dig out some depth. This is work that happens below the surface. In our physical, spiritual and emotional lives, this means doing the hard work of self-discipline and self-examination. You may find that you need outside help in the form of coaches, counselors or spiritual directors in order to develop the depth of strength, character and spirit required to be a reservoir. Their suggestions may lead to physical exercise, fasting, meditation or regular prayer. You may even find that you need to clean up the emotional trauma from childhood events.

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EASTWOOD STAFF

Rev. Jeff Lundblad

Pastor

Sharon Dady

Choir Director

Linda Tripp

*Accompanist &
Worship Coordinator*

Sue Becker

Church Secretary

Sam J. Angulo

Custodian

Kaltlyn Brunson

Nursery Attendant

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The last thing that a reservoir needs is systems in place to ensure that they don't drain too quickly. All reservoirs have boundaries with controls to regulate the flow or resources out of them. Do you have adequate boundaries? Many of us struggle later in life with one of the first words we ever learn.

"No."

Matthew 5:37 and James 5:12 both encourage us to let our 'yes be yes, and our no be no'. Now I know that this is referring to the practice of swearing and oaths, but consider the underlying assumption. We are expected to say 'no' and 'yes'. If you don't relearn to say 'no' you won't have the reserves for those times you need and really want or need to say 'YES!'

I hope you'll consider joining me and many others in some self-renovation projects. Let's work on transforming the canals of our lives into deep, cool, refreshing reservoirs that have the capacity to minister out of abundance!

Pastor Jeff

Generosity Is . . . Giving Ourselves to God

The Generosity Project is a collaborative effort between ABCUSA, regions, and local congregations. The Generosity Project aims to help pastors re-frame the conversation around stewardship and generosity in their congregations.

Parker Palmer wrote, "...the most important sentence I've ever written is that one word, "Enough." Said on the right occasion, that word can safeguard one's soul, and saying it comes more easily with age. These days I say "enough" without hesitation to anything that's not life-giving for me and for the people and world I care about—whether it's frenzy and overwork, a personal prejudice, an unhealthy relationship, a societal cruelty or injustice...I no longer ask, "What do I want to let go of, and what do I want to *hang on to*?" Instead I ask, "What do I want to let go of, and what do I want to *give myself to*?"

As fall descends, we enter the season of letting go. I appreciate Parker Palmer's wise words about knowing when to say "enough." In a world full of the temptation for more—more stuff, more work, more busy-ness—"enough" is a sacred word. But this boundary claiming isn't just about paring back. It is about gaining the wisdom to know what to invest ourselves in with our time, talent, treasure, and temperament. I believe generosity asks us, "what do you want to give yourself to"? Our commitments, our actions, our words, and even our budgets become the answer as we live it out.

And this question isn't just for the individual, but for the church, for my congregation and yours. What do we want to give ourselves to? What does God want us to give ourselves to? Well, that's an even better question. We cling to our traditions and the things we have always done, we spend endless hours in committees and talking our way around, but what does God want us to give ourselves to now? Chances are, in our ever-changing world, it doesn't look like what God was asking of us 50 years ago. I think we would do well to spend time with this question, in prayer and in communal discernment. Listen for God's voice leading us—and then, may God help us find the courage to go where God sends us.

*Rev. Stacy Emerson is the senior pastor of the First Baptist Church in West Hartford, CT and the Stewardship Consultant for ABCUSA. She is also the Coordinator for **The Generosity Project** which is about helping congregations deepen their understanding of stewardship as a call to generosity as disciples of Jesus; re-framing the stewardship conversation; and cultivating generosity in pastors, lay people, and congregations.*

WORLD MISSION OFFERING

WHY GIVE TO THE WMO?

Answers to your most frequently asked questions about the World Mission Offering.

How are my gifts for the WMO used?

WMO gifts, like all gifts to the IM General Fund, are used 84% for mission program (global servant, partner and other ministry support), 10% for administrative support and 6% for development costs.

What about my gifts to Global Servants?

All global servant personalized support is targeted for global servants. Each year, IM global servants seek to raise approximately \$10.7 million of the \$13.8 million needed for their ministry programs.

What else do my WMO gifts do?

Whenever personalized funding falls short, the WMO gifts fill the gap so that global servants can stay in the field; continue in ministry; receive income and benefits; and cover ministry expenses such as education, visas and passports. WMO gifts also fill the gaps in funding for other IM expenses so that IM can continue to support global servants with services such as training, networking, promotion and pastoral care; address crises whenever they arise; and so much more.

What is Ministry Support and Education?

This refers to the cost of providing financial accountability and maintaining up-to-date and transparent communications. It includes expenses associated with IM's website, training conferences, donor support, brochures, the Guide to Global Servants, WMO materials, emails, management of ministry project funds, and more.

What is Administrative Support?

This is the part of IM's budget that keeps all operations running, by providing staff to serve global servants, IRS compliance measures, and offices for the home staff.

REQUESTS FOR PRAYER

Our Church: its leaders and families. All of those with health needs. All service people here and overseas, including:

Kevin Hoffman, Army
Emilia Gilmer, Army
Lolo Vasquez, Iraq
Jason Cesario, Iraq
Logan Oravetz, Army
Tyler Powell, Marines
Tiffany Hart, Air Force
Samuel Strom, Army

Eric Lektorich, Army National Guard

Please pray for all students, teachers and parents of all ages of children. Unemployed / Underemployed

Our ABC-CPC churches, pastors and missionaries: (**Dan & Sarah Chetti**, **Ed & Miriam Noyes**, **Glen & Rita Chapman**, and **Kyle & Katrina Williams**) serving around the world. **Tim & Mary Dady** serving in Latvia

Thanks for your help!

We are thankful for the following people who turned up to help on our last Church Work Party day:

Jerry Darby	Don Eastman
Hugh Barnhill	Ellen Husel
Lucille Potts	Barbara Davis
Gene & Fay Rashé	
Dick and Carol Bath	

Come join the fun at our next Work Party on November 9th.

Paul Klatt
Buildings & Properties Chair

October, 2019

Dear Eastwood Congregation,

Thank you so much for the donation of school supplies! Your donations help us serve a collection of youth who Will have a brighter future - thanks to proper school Supplies!

We could not do the work we do without your help.

Thank you so much for your continuing support.



Emily Baehr
Maslow Project

November 2019

Sun

Mon

Tue

Wed

Thu

Fri

Sat

Oct. 27	Oct 28	Oct 29	Oct 30	Oct 31	1	2
9:15 Sunday School 10:30 Worship Service Rev. Jeff Lundblad	10:00 Women's Grove Bible Study 7:00 Boys Scouts	Noon - Men's Bible Study	1:00 Fellowship Support at New Far East 5:15 Fellowship Potluck 6:00 Mid-Week Bible Study 7:15 Choir Practice			
3 All Saints Sunday 9:15 Sunday School 10:30 Communion Worship Service Rev. Jeff Lundblad	10:00 Women's Grove Bible Study 7:00 Boys Scouts	Noon - Men's Bible Study	5:15 Fellowship Potluck 6:00 Mid-Week Bible Study 7:15 Choir Practice			9:00 Church Work Party
10 9:15 Sunday School 10:30 Worship Service Rev. Jeff Lundblad	10:00 Women's Grove Bible Study 7:00 Boys Scouts	Noon - Men's Bible Study	5:15 Fellowship Dinner 6:00 Mid-Week Bible Study 7:15 Choir Practice	3:30 Knitting & Crocheting 5:30 Deacons' Agape Meeting 6:30 Worship Committee Meeting	9:00 Builders' Social at Rogue Diner	9:30 Women's Fellowship Breakfast at Punky's
17 9:15 Sunday School 10:30 Worship Service Rev. Jeff Lundblad	10:00 Women's Grove Bible Study 7:00 Boys Scouts	Noon - Men's Bible Study	7:15 Choir Practice	3:30 Knitting & Crocheting 5:30 Deacons' Business Meeting		
24 9:15 Sunday School 10:30 Worship Service Rev. Jeff Lundblad Church Thanksgiving Dinner	10:00 Women's Grove Bible Study 7:00 Boys Scouts	Noon - Men's Bible Study		Thanksgiving Office Closed		

BIRTHDAYS AND ANNIVERSARIES

NOVEMBER BIRTHDAYS

5-Nov	Earl Simmonds
6-Nov	Geraldine Bucher
8-Nov	Kari Donham
8-Nov	Jaden Foster
8-Nov	Jon Skaggs
14-Nov	Tanny Flowers
15-Nov	Sue Becker
15-Nov	Linda Millus
15-Nov	Lucas Ramirez
15-Nov	Lyndi Saylor
17-Nov	Jerry White
18-Nov	Angelica Ramirez
19-Nov	George Nye
20-Nov	Ruth Jolly
23-Nov	Nick Ceglia
24-Nov	Terry Miller
24-Nov	Julie Tiffany
26-Nov	Shelby Boyersmith
26-Nov	Jean Brummet
26-Nov	Jody Yandell
27-Nov	Cathy Thayer

★ **HAPPY** ★
BIRTHDAY!

NOVEMBER ANNIVERSARIES

22-Nov Sandy & Sue Shaw

Please contact the Church Office or note it on your communication card if your special day has been missed or reported incorrectly.

Fall, Family-Friendly Progressive Meal

When? Saturday, October 26th 4:00 p.m.

Why? For fun, food and fellowship!

Who? The family and friends of Eastwood Baptist Church

1. **Appetizers** - Provided by Ellen Husel, Sue & Jerry Lektorich at the Lektorich home.
2. **Salad** - Provided by Aaron & Cathy Thayer at their home.
3. **Main Dish** - Provided by Don & Donna Hildebrand at their home.
4. **Dessert** - Provided by the Lundblads at their home.

Please sign up on your Communication Card or call the church office.

Let us know if you have any dietary restrictions.



Carpooling is suggested

Contact Sue Lektorich if you need a ride from your home.

Salvation Army Bell Ringers

The Salvation Army is looking for either individuals or groups to volunteer to be bell ringers this holiday season.

Did you know that the Salvation Army has had to pay for bell ringers and still ends up short each day? The money raised assists with providing food, emergency assistance, shelter and youth programs.



**VOLUNTEER
BELL RINGERS
NEEDED!**

Ring a bell...help change a life

Church Work Day

Inviting **ALL** who want to help "spruce up" our church.



The next scheduled Work Day is **Saturday, October 12th**. Meet at the church at 9:00 am and we should be finished by 12:00. Please bring rakes, clippers and **DON'T FORGET** the gloves!

Eastwood's Annual Thanksgiving Dinner November 24th!

Immediately following the Worship Service

Your Hospitality team will be serving turkey with ALL the trimmings. In order to accommodate everyone we need an accurate count so please make reservations on your communication cards or call Sue in the church office.



October 20, 2019

SUNDAY, October 20th

Sunday School 9:15
Worship Service, Rev. Barbara Haddon 10:30

MONDAY, October 21st

Women's Grove Bible Study 10:00
Boy Scouts 7:00

TUESDAY, October 22nd

Men's Bible Study Noon

WEDNESDAY, October 23rd

Fellowship Dinner 5:15
Mid-Week Bible Study 6:00
Choir Practice 7:15

THURSDAY, October 24th

Knitting & Crocheting Group 3:30
Deacons' Business Meeting 5:30

FRIDAY, October 25th

SATURDAY, October 26th

Progressive Meal 4:00

Women of Eastwood Fellowship Breakfast Saturday, November 16th - 9:30 A.M.

Come join us for fellowship and breakfast at Punky's Diner in Medford. See you there!



Questions? Need a ride?
Call Sue Lektorich (541) 499-1055



Mercy Flights Membership Time

Combined Air & Ground Ambulance - \$60.00

Enrollment forms are at the Welcome Center. You do not have to fill out an enrollment form if you are not making any changes and are a returning member. You may still enroll in Mercy Flights at any time. Checks should be made out to Mercy Flights and turned in to the church office.

Mid-Week Bible Study will resume
October 23rd at 6:00 p.m.

We will be studying the book of Malachi
AND

Fellowship Dinner

Wednesday, October 23rd at 5:15

PLEASE SIGN UP ON YOUR COMMUNICATION CARD

October 27, 2019

SUNDAY, October 27th

Sunday School 9:00
Worship Service, Rev. Jeff Lundblad 10:30

MONDAY, October 28th

Women's Grove Bible Study 10:00
Boy Scouts 7:00

TUESDAY, October 29th

Men's Bible Study Noon

WEDNESDAY, October 30th

Fellowship Potluck 5:15
Mid-Week Bible Study 6:00
Choir Practice 7:15

THURSDAY, October 31st - All Hallows Eve

Fellowship Support at New Far East 1:00

FRIDAY, November 1st - All Saints Day

SATURDAY, November 2nd